

Chiari Malformation Awareness Month

September 17, 2024

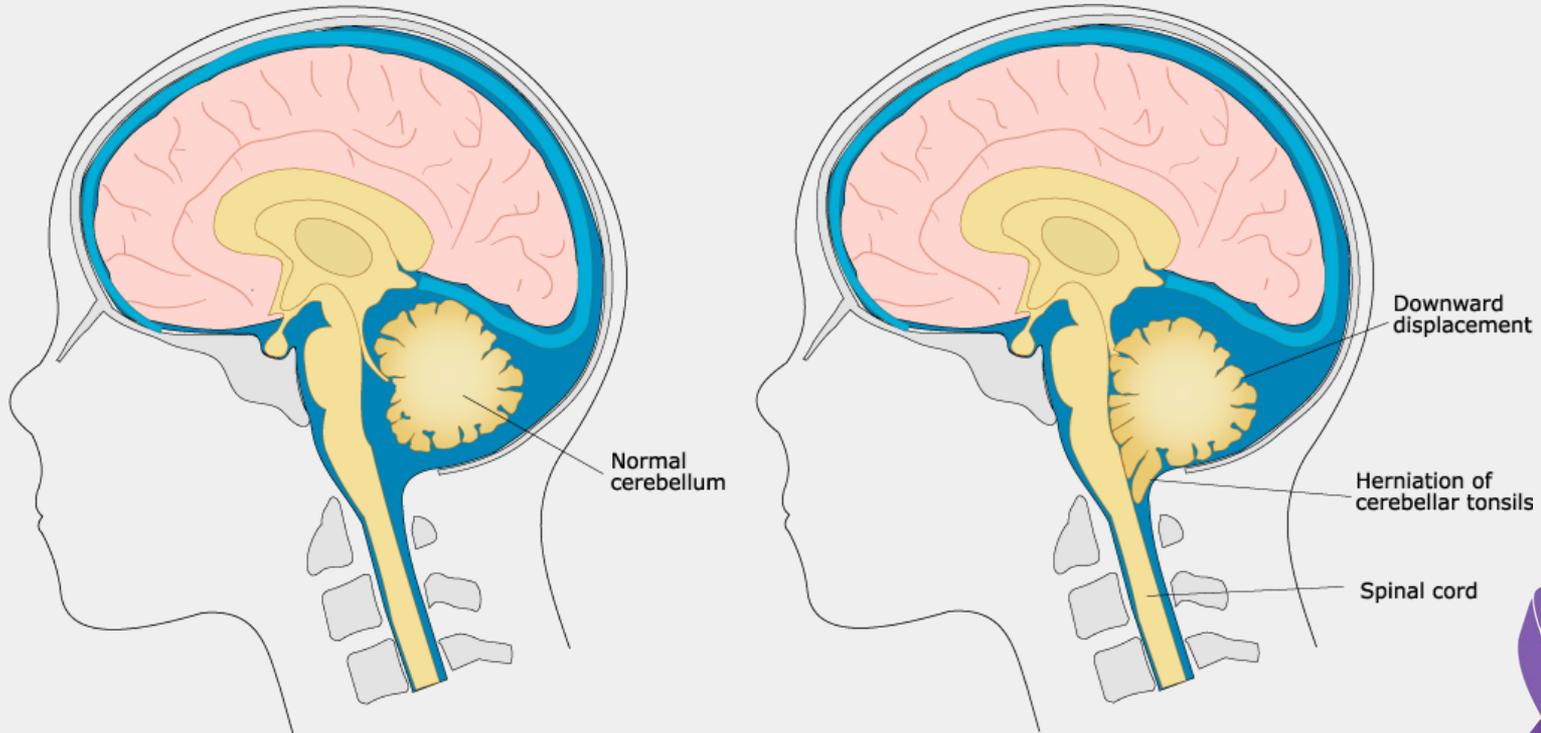


CHIARI MALFORMATION AWARENESS MONTH

- Chiari Malformation is a serious neurological disorder affecting more than 300,000 people in the United States
- Characterized by the lower part of the brain being too big for the skull, causing it to squeeze down into the opening at the base of your skull
- Symptoms include severe head and neck pain, vertigo, muscle weakness, balance problems, blurred or double vision, and more
- Compared to more well-known neurological conditions, Chiari Malformation is less understood by both the general public and some healthcare professionals



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- Chiari Malformation is underreported and the actual count of people living with this disorder is unknown
- Many go their whole lives suffering from headaches, nausea, and other symptoms without knowing the cause
- Symptoms triggered by coughing, sneezing, or laughing
- Recognizing this disorder is important to helping children understanding their condition



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- For more information about Chiari Malformation
 - Conquer Chiari
 - <https://www.conquerchiari.org/index.asp>
 - Cedars Sinai
 - <https://www.cedars-sinai.org/health-library/diseases-and-conditions---pediatrics/c/chiari-malformation-type-i-in-children.html>
- Neurological Services in Long Beach
 - Dignity Health
 - <https://www.dignityhealth.org/socal/locations/stmarymedical/services/neurological-services>
- Books for Youth
 - Chiari Princess Warrior by Neika Montes



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